

February is **Turner Syndrome Awareness Month**



#tssus #tsawareness

What is Turner Syndrome?

Turner syndrome (TS) was discovered in 1938 and defined as a chromosomal condition describing females* with common features, physical traits, and medical conditions caused by the complete or partial absence of the second sex chromosome. TS affects people differently, so each person has unique health needs and characteristics. Early diagnosis is vital to treat TS-related health issues and health maintenance is necessary throughout life.

*Although TS is defined as a female condition, our organization understands males with a 45 X cell line may be diagnosed with TS.

Early diagnosis is vital so that treatment can begin for any TS-related health issues.

- Short stature (under 5')
- Small lower jaw
- Recurrent middle ear infections.
- Unexplained delayed puberty/menstruation
- Upturned fingernails/toenails
- Cardiac issues & kidney irregularities
- Non-functioning ovaries/reduced fertility
- Numerous moles
- Droopy eyelids, down-turned eyes



Down Syndrome: 1 in 700

Cystic Fibrosis: 1 in 3.5k

same degree.

Turner Syndrome: 1 in 2,000 - 4,000

- Shorter thicker neck
- Low-set, prominent ears
- Hearing loss (conductive & sensorineural)

How Common

is Turner Syndrome?

(swelling)

- Recurrent middle ear infections
- Hip dvsplasia
- Excellent verbal skills/vocabulary
- Educational and behavioral difficulties
 - Slower cognitive processing
 - Repetitive thoughts/ADHD
 - Anxiety/Depression
 - Social skills deficiency

Believe in Miracles! Approximately **98%** of Turner syndrome pregnancies end in miscarriage, many even before diagnosis. Those who are living with TS truly are miracles!

YOU? **KNOW**

TS can be diagnosed

- During fetal life
- In **infancy**
- During childhood
- During late pre-teen period (8-12 years)
- Late adolescence/ adulthood.

A simple blood test is used to determine the karyotype (chromosome makeup).

Some Health Issues Related to Turner Syndrome **GROWTH** Educational **HORMONE** Difficulties **DEFICIENCY** Scoliosis, osteopenia, **Hearing Loss** and osteoporosis Thyroid Disease Celiac/Crohn's Disease Hypertension, Heart Reduced Fertility/ **Abnormalities** Estrogen Hormone Deficiency Kidney and Liver Concerns, Type I and II Diabetes Turner syndrome is a variable condition. Hip Dysplasia Not every person will be affected in the same way or to the Lymphedema



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